



17. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

**Bode, Tobias**

Club: Am Ettersberg  
Number: 18

Course: 9.50 km  
Kurze Strecke

Category:  
Senioren M30 (30-34 Jahre)

Total time: 51:05

Speed: 10.57 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 94 (of 186)

Rank in course/Men: 81 (of 123)

Best time in course: 32:27

Rank in category: 9(of 15)

Best time in the category: 36:42