



17. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

**Köhler, Ljuba**

Club: Laufftreff Plaue

Number: 88

Course: 9.50 km

Kurze Strecke

Category:

Seniorinnen W60 (60-64 Jahre)

Total time: 51:20

Speed: 10.52 km/h

Running performance: 5:24 min/km

Rank in course/Total: 99 (of 186)

Rank in course/Women: 15 (of 63)

Best time in course: 38:23

Rank in category: 1(of 5)

Best time in the category: 51:20