



17. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 16.04.2022

Detailed evaluation

Grube, Alexander

Club: Elgersburg
Number: 54

Course: 9.50 km
Kurze Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 51:11

Speed: 10.55 km/h
Running performance: 5:23 min/km

Rank in course/Total: 95 (of 186)

Rank in course/Men: 83 (of 123)

Best time in course: 32:27

Rank in category: 11(of 15)

Best time in the category: 36:42