



41. Kienberglauf
Oehrenstock / 25.09.2022

Detailed evaluation

Ehnert, Michelle

Club: Fit mit Schmidt
Number: 505

Course: 11.50 km
11 km Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:21:59

Speed: 8.05 km/h
Running performance: 7:08 min/km

Rank in course/Total: 18 (of 20)

Rank in course/Women: 7 (of 7)

Best time in course: 55:54

Rank in category: 2(of 2)

Best time in the category: 55:54