



41. Kienberglauf  
Oehrenstock / 25.09.2022

## Detailed evaluation

Ziermann, Ute

Club: Thüringen - Arnstadt  
Number: 598

Course: 11.50 km  
11 km Nordic Walking

Category:  
Frauen

Total time: 1:56:49

Speed: 5.65 km/h  
Running performance: 10:10 min/km

Rank in course/Total: 3 (of 3)

Rank in course/Women: 2 (of 2)

Best time in course: 1:56:48

Rank in category: 2(of 2)

Best time in the category: 1:56:48