



41. Kienberglauf  
Oehrenstock / 25.09.2022

## Detailed evaluation

Illing, Björn

Club: SV TU Ilmenau  
Number: 510

Course: 11.50 km  
11 km Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 48:36

Speed: 13.58 km/h  
Running performance: 4:14 min/km

Rank in course/Total: 2 (of 20)

Rank in course/Men: 2 (of 13)

Best time in course: 48:19

Rank in category: 1(of 1)

Best time in the category: 48:36