



41. Kienberglauf
Oehrenstock / 25.09.2022

Detailed evaluation

Engelhardt, Alexandra

Club: Fit mit Schmidt
Number: 521

Course: 11.50 km
11 km Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 55:54

Speed: 11.81 km/h
Running performance: 4:52 min/km

Rank in course/Total: 5 (of 20)

Rank in course/Women: 1 (of 7)

Best time in course: 55:54

Rank in category: 1(of 2)

Best time in the category: 55:54