



41. Kienberglauf
Oehrenstock / 25.09.2022

Detailed evaluation

Seever, Thorsten

Club: SG Motor Arnstadt
Number: 516

Course: 11.50 km
11 km Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 56:48

Speed: 11.62 km/h
Running performance: 4:56 min/km

Rank in course/Total: 6 (of 20)

Rank in course/Men: 5 (of 13)

Best time in course: 48:19

Rank in category: 2(of 3)

Best time in the category: 53:22