



41. Kienberglauf  
Oehrenstock / 25.09.2022

## Detailed evaluation

Ziermann, Olaf

Club: Thüringen - Arnstadt  
Number: 599

Course: 11.50 km  
11 km Nordic Walking

Category:  
Männer

Total time: 1:31:34

Speed: 7.21 km/h  
Running performance: 7:58 min/km

Rank in course/Total: 1 (of 3)

Rank in course/Men: 1 (of 1)

Best time in course: 1:31:34

Rank in category: 1(of 1)

Best time in the category: 1:31:34