



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Andreas Heinrich

Club: SWE Laufteam
Number: 123

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44)

Total time: 1:20:51

Speed: 10.39 km/h
Running performance: 5:46 min/km

Rank in course/Total: 78 (of 163)

Rank in course/Men: 65 (of 120)

Best time in course: 50:40

Rank in category: 8(of 13)

Best time in the category: 57:28

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle 31	5.80	32:48	5:39	8	8:40	57	10:56	5.80	32:48	5:39	8	8:40	57	10:56
Finish	8.20	48:03	5:51	10	14:43	73	19:15	14.00	1:20:51	5:46	8	23:23	65	30:11