



20. Kirschlauf  
Kleinfahner/Thür. / 12.06.2022

## Detailed evaluation

Steffen Schneider

Number: 91

Course: 14.00 km

Hauptlauf

Category:

Senioren M45 (45-49)

Total time: 1:12:44

Speed: 11.55 km/h

Running performance: 5:11 min/km

Rank in course/Total: 41 (of 163)

Rank in course/Men: 36 (of 120)

Best time in course: 50:40

Rank in category: 1(of 12)

Best time in the category: 1:12:44

### Intermediate times

### Stage score

### Total ranking

| Control      | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|--------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|              |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Kontrolle 31 | 5.80        | 30:16         | 5:13            | 3           | 0:07           | 35          | 8:24          | 5.80          | 30:16         | 5:13            | 3           | 0:07           | 35         | 8:24          |
| Finish       | 8.20        | 42:28         | 5:10            | 4           | 1:22           | 40          | 13:40         | 14.00         | 1:12:44       | 5:11            | 1           | -              | 36         | 22:04         |