



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Ronny Weber

Club: Gutsmuthsrennsteiglaufverein
Number: 152

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49)

Total time: 1:12:56

Speed: 11.52 km/h
Running performance: 5:12 min/km

Rank in course/Total: 42 (of 163)

Rank in course/Men: 37 (of 120)

Best time in course: 50:40

Rank in category: 2(of 12)

Best time in the category: 1:12:44

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|--------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Kontrolle 31 | 5.80 | 30:09 | 5:11 | 1 | - | 32 | 8:17 | 5.80 | 30:09 | 5:11 | 1 | - | 32 | 8:17 |
| Finish | 8.20 | 42:47 | 5:13 | 5 | 1:41 | 44 | 13:59 | 14.00 | 1:12:56 | 5:12 | 2 | 0:12 | 37 | 22:16 |