



20. Kirschlauf  
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Andreas Maak

Club: LG Erfurt  
Number: 67

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49)

Total time: 1:13:13

Speed: 11.47 km/h  
Running performance: 5:13 min/km

Rank in course/Total: 46 (of 163)

Rank in course/Men: 41 (of 120)

Best time in course: 50:40

Rank in category: 4(of 12)

Best time in the category: 1:12:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	30:10	5:12	2	0:01	33	8:18	5.80	30:10	5:12	2	0:01	33	8:18
Finish	8.20	43:03	5:15	7	1:57	46	14:15	14.00	1:13:13	5:13	4	0:29	41	22:33