



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Thomas Friebel

Number: 29

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49)

Total time: 1:13:25

Speed: 11.44 km/h
Running performance: 5:14 min/km

Rank in course/Total: 48 (of 163)

Rank in course/Men: 43 (of 120)

Best time in course: 50:40

Rank in category: 5(of 12)

Best time in the category: 1:12:44

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	31:03	5:21	4	0:54	38	9:11	5.80	31:03	5:21	4	0:54	38	9:11
Finish	8.20	42:22	5:10	3	1:16	39	13:34	14.00	1:13:25	5:14	5	0:41	43	22:45