



20. Kirschlauf  
Kleinfahner/Thür. / 12.06.2022

## Detailed evaluation

Denis Franke

Number: 27

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49)

Total time: 1:13:43

Speed: 11.39 km/h  
Running performance: 5:15 min/km

Rank in course/Total: 49 (of 163)

Rank in course/Men: 44 (of 120)

Best time in course: 50:40

Rank in category: 6(of 12)

Best time in the category: 1:12:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	32:22	5:34	7	2:13	53	10:30	5.80	32:22	5:34	7	2:13	53	10:30
Finish	8.20	41:21	5:02	2	0:15	34	12:33	14.00	1:13:43	5:15	6	0:59	44	23:03