



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Marc Düsterhöft

Club: SSV Erfurt 02
Number: 17

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49)

Total time: 1:23:03

Speed: 10.11 km/h
Running performance: 5:55 min/km

Rank in course/Total: 83 (of 163)

Rank in course/Men: 69 (of 120)

Best time in course: 50:40

Rank in category: 8(of 12)

Best time in the category: 1:12:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	35:21	6:05	8	5:12	76	13:29	5.80	35:21	6:05	8	5:12	76	13:29
Finish	8.20	47:42	5:49	8	6:36	71	18:54	14.00	1:23:03	5:55	8	10:19	69	32:23