



20. Kirschlauf  
Kleinfahner/Thür. / 12.06.2022

## Detailed evaluation

Christian Friebel

Number: 28

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49)

Total time: 1:32:13

Speed: 9.11 km/h  
Running performance: 6:35 min/km

Rank in course/Total: 122 (of 163)

Rank in course/Men: 94 (of 120)

Best time in course: 50:40

Rank in category: 11(of 12)

Best time in the category: 1:12:44

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	38:47	6:41	10	8:38	94	16:55	5.80	38:47	6:41	10	8:38	94	16:55
Finish	8.20	53:26	6:30	11	12:20	92	24:38	14.00	1:32:13	6:35	11	19:29	94	41:33