



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Helge Fritzschner

Club: Laufftreff Breitungen
Number: 32

Course: 14.00 km
Hauptlauf

Category:
Senioren M50 (50-54)

Total time: 1:17:35

Speed: 10.83 km/h
Running performance: 5:32 min/km

Rank in course/Total: 65 (of 163)

Rank in course/Men: 54 (of 120)

Best time in course: 50:40

Rank in category: 6(of 15)

Best time in the category: 1:03:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle 31	5.80	32:41	5:38	8	5:29	56	10:49	5.80	32:41	5:38	8	5:29	56	10:49
Finish	8.20	44:54	5:28	6	8:50	56	16:06	14.00	1:17:35	5:32	6	14:19	54	26:55