



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Lars Krüger

Club: Rennsteiglaufverein
Number: 58

Course: 14.00 km
Hauptlauf

Category:
Senioren M50 (50-54)

Total time: 1:33:59

Speed: 8.94 km/h
Running performance: 6:42 min/km

Rank in course/Total: 126 (of 163)

Rank in course/Men: 98 (of 120)

Best time in course: 50:40

Rank in category: 13(of 15)

Best time in the category: 1:03:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	40:31	6:59	13	13:19	100	18:39	5.80	40:31	6:59	13	13:19	100	18:39
Finish	8.20	53:28	6:31	12	17:24	94	24:40	14.00	1:33:59	6:42	13	30:43	98	43:19