



# 20. Kirschlauf

Kleinfahner/Thür. / 12.06.2022

## Detailed evaluation

**Jörg Nehrig**

Club: Eisenacher LV  
Number: 77

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M55 (55-59)

Total time: 1:04:57

Speed: 12.93 km/h  
Running performance: 4:38 min/km

Rank in course/Total: 12 (of 163)

Rank in course/Men: 11 (of 120)

Best time in course: 50:40

Rank in category: 2(of 21)

Best time in the category: 1:02:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	27:27	4:43	2	0:27	11	5:35	5.80	27:27	4:43	2	0:27	11	5:35
Finish	8.20	37:30	4:34	2	1:40	12	8:42	14.00	1:04:57	4:38	2	2:07	11	14:17