



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Ronald Beck

Number: 145

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59)

Total time: 1:14:21

Speed: 11.30 km/h
Running performance: 5:18 min/km

Rank in course/Total: 51 (of 163)

Rank in course/Men: 45 (of 120)

Best time in course: 50:40

Rank in category: 5(of 21)

Best time in the category: 1:02:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	31:52	5:29	5	4:52	47	10:00	5.80	31:52	5:29	5	4:52	47	10:00
Finish	8.20	42:29	5:10	5	6:39	41	13:41	14.00	1:14:21	5:18	5	11:31	45	23:41