



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Ronald Beck

Number: 145

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59)

Total time: 1:14:21

Speed: 11.30 km/h

Running performance: 5:18 min/km

Rank in course/Total: 51 (of 163)

Rank in course/Men: 45 (of 120)

Best time in course: 50:40

Rank in category: 5(of 21)

Best time in the category: 1:02:50

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|--------------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Kontrolle 31 | 5.80 | 31:52 | 5:29 | 5 | 4:52 | 47 | 10:00 | 5.80 | 31:52 | 5:29 | 5 | 4:52 | 47 | 10:00 |
| Finish | 8.20 | 42:29 | 5:10 | 5 | 6:39 | 41 | 13:41 | 14.00 | 1:14:21 | 5:18 | 5 | 11:31 | 45 | 23:41 |