



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Heiko Prehl

Number: 83

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59)

Total time: 1:18:59

Speed: 10.64 km/h
Running performance: 5:38 min/km

Rank in course/Total: 68 (of 163)

Rank in course/Men: 56 (of 120)

Best time in course: 50:40

Rank in category: 7(of 21)

Best time in the category: 1:02:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	31:56	5:30	6	4:56	48	10:04	5.80	31:56	5:30	6	4:56	48	10:04
Finish	8.20	47:03	5:44	11	11:13	67	18:15	14.00	1:18:59	5:38	7	16:09	56	28:19