



20. Kirschlauf  
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

**Thoralf Held**

Club: USV Erfurt  
Number: 162

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M55 (55-59)

Total time: 1:25:10

Speed: 9.86 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 91 (of 163)

Rank in course/Men: 72 (of 120)

Best time in course: 50:40

Rank in category: 11(of 21)

Best time in the category: 1:02:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	39:47	6:51	14	12:47	97	17:55	5.80	39:47	6:51	14	12:47	97	17:55
Finish	8.20	45:23	5:32	7	9:33	60	16:35	14.00	1:25:10	6:05	11	22:20	72	34:30