



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Frank Dalbert

Club: Lauffeuer Fröttstädt e.V.
Number: 13

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59)

Total time: 1:35:05

Speed: 8.83 km/h
Running performance: 6:47 min/km

Rank in course/Total: 130 (of 163)

Rank in course/Men: 101 (of 120)

Best time in course: 50:40

Rank in category: 16(of 21)

Best time in the category: 1:02:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	41:02	7:04	17	14:02	104	19:10	5.80	41:02	7:04	17	14:02	104	19:10
Finish	8.20	54:03	6:35	16	18:13	96	25:15	14.00	1:35:05	6:47	16	32:15	101	44:25