



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Michael Herrmann

Club: SWE Laufteam
Number: 125

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59)

Total time: 1:38:59

Speed: 8.49 km/h
Running performance: 7:04 min/km

Rank in course/Total: 139 (of 163)

Rank in course/Men: 106 (of 120)

Best time in course: 50:40

Rank in category: 17(of 21)

Best time in the category: 1:02:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	40:59	7:03	16	13:59	103	19:07	5.80	40:59	7:03	16	13:59	103	19:07
Finish	8.20	58:00	7:04	19	22:10	108	29:12	14.00	1:38:59	7:04	17	36:09	106	48:19