



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Frank Ecklebe

Club: Runningteam Köstritzer
Number: 18

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59)

Total time: 1:39:22

Speed: 8.45 km/h
Running performance: 7:05 min/km

Rank in course/Total: 141 (of 163)

Rank in course/Men: 107 (of 120)

Best time in course: 50:40

Rank in category: 18(of 21)

Best time in the category: 1:02:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	43:02	7:25	18	16:02	107	21:10	5.80	43:02	7:25	18	16:02	107	21:10
Finish	8.20	56:20	6:52	17	20:30	104	27:32	14.00	1:39:22	7:05	18	36:32	107	48:42