



20. Kirschlauf  
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Frank Ecklebe

Club: Runningteam Köstritzer  
Number: 18

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M55 (55-59)

Total time: 1:39:22

Speed: 8.45 km/h  
Running performance: 7:05 min/km

Rank in course/Total: 141 (of 163)

Rank in course/Men: 107 (of 120)

Best time in course: 50:40

Rank in category: 18(of 21)

Best time in the category: 1:02:50

Intermediate times

Stage score

Total ranking

| Control      | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|--------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|              |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Kontrolle 31 | 5.80        | 43:02         | 7:25            | 18          | 16:02          | 107         | 21:10         | 5.80          | 43:02         | 7:25            | 18          | 16:02          | 107        | 21:10         |
| Finish       | 8.20        | 56:20         | 6:52            | 17          | 20:30          | 104         | 27:32         | 14.00         | 1:39:22       | 7:05            | 18          | 36:32          | 107        | 48:42         |