



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Matthias Assig

Club: RhodeRunner
Number: 8

Course: 14.00 km
Hauptlauf

Category:
Senioren M60 (60-64)

Total time: 1:21:00

Speed: 10.37 km/h
Running performance: 5:47 min/km

Rank in course/Total: 79 (of 163)

Rank in course/Men: 66 (of 120)

Best time in course: 50:40

Rank in category: 4(of 13)

Best time in the category: 1:15:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	34:41	5:58	4	3:14	70	12:49	5.80	34:41	5:58	4	3:14	70	12:49
Finish	8.20	46:19	5:38	4	2:47	62	17:31	14.00	1:21:00	5:47	4	5:40	66	30:20