



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Holger Lesser

Club: Erfurt
Number: 154

Course: 14.00 km
Hauptlauf

Category:
Senioren M60 (60-64)

Total time: 1:37:50

Speed: 8.59 km/h
Running performance: 6:59 min/km

Rank in course/Total: 137 (of 163)

Rank in course/Men: 105 (of 120)

Best time in course: 50:40

Rank in category: 10(of 13)

Best time in the category: 1:15:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	39:37	6:49	8	8:10	96	17:45	5.80	39:37	6:49	8	8:10	96	17:45
Finish	8.20	58:13	7:05	11	14:41	109	29:25	14.00	1:37:50	6:59	10	22:30	105	47:10