



20. Kirschlauf  
Kleinfahner/Thür. / 12.06.2022

## Detailed evaluation

Werner Hogenkamp

Number: 179

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M60 (60-64)

Total time: 1:40:56

Speed: 8.32 km/h  
Running performance: 7:12 min/km

Rank in course/Total: 146 (of 163)

Rank in course/Men: 108 (of 120)

Best time in course: 50:40

Rank in category: 11(of 13)

Best time in the category: 1:15:20

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	43:12	7:26	11	11:45	108	21:20	5.80	43:12	7:26	11	11:45	108	21:20
Finish	8.20	57:44	7:02	10	14:12	106	28:56	14.00	1:40:56	7:12	11	25:36	108	50:16