



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Günter Grießhammer

Club: LAV Saale-Rennsteig
Number: 156

Course: 14.00 km
Hauptlauf

Category:
Senioren M70 (70-74)

Total time: 1:16:38

Speed: 10.96 km/h
Running performance: 5:28 min/km

Rank in course/Total: 63 (of 163)

Rank in course/Men: 52 (of 120)

Best time in course: 50:40

Rank in category: 1(of 6)

Best time in the category: 1:16:38

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle 31	5.80	32:40	5:37	1	-	55	10:48	5.80	32:40	5:37	1	-	55	10:48
Finish	8.20	43:58	5:21	1	-	51	15:10	14.00	1:16:38	5:28	1	-	52	25:58