



20. Kirschlauf  
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Wolfgang Pohl

Club: Laufgruppe Treffurt  
Number: 141

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M70 (70-74)

Total time: 1:29:04

Speed: 9.43 km/h  
Running performance: 6:21 min/km

Rank in course/Total: 112 (of 163)

Rank in course/Men: 87 (of 120)

Best time in course: 50:40

Rank in category: 4(of 6)

Best time in the category: 1:16:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	36:56	6:22	4	4:16	81	15:04	5.80	36:56	6:22	4	4:16	81	15:04
Finish	8.20	52:08	6:21	5	8:10	88	23:20	14.00	1:29:04	6:21	4	12:26	87	38:24