



# 20. Kirschlauf

Kleinfahner/Thür. / 12.06.2022

## Detailed evaluation

**Ernst Hempel**

Club: Saalfelder LV  
Number: 174

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M70 (70-74)

Total time: 1:29:12

Speed: 9.42 km/h  
Running performance: 6:22 min/km

Rank in course/Total: 114 (of 163)

Rank in course/Men: 88 (of 120)

Best time in course: 50:40

Rank in category: 5(of 6)

Best time in the category: 1:16:38

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle 31	5.80	38:28	6:37	5	5:48	90	16:36	5.80	38:28	6:37	5	5:48	90	16:36
Finish	8.20	50:44	6:11	4	6:46	79	21:56	14.00	1:29:12	6:22	5	12:34	88	38:32