



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Luise Krieghoff

Club: USV Erfurt
Number: 56

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W30 (30-34)

Total time: 1:13:59

Speed: 11.35 km/h
Running performance: 5:17 min/km

Rank in course/Total: 50 (of 163)

Rank in course/Women: 6 (of 43)

Best time in course: 1:03:34

Rank in category: 2 (of 7)

Best time in the category: 1:08:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle 31	5.80	32:13	5:33	3	4:25	9	5:04	5.80	32:13	5:33	3	4:25	9	5:04
Finish	8.20	41:46	5:05	2	1:18	6	5:21	14.00	1:13:59	5:17	2	5:43	6	10:25