



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Nancy Kruse

Club: Walschberg Runners
Number: 170

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W40 (40-44)

Total time: 1:31:36

Speed: 9.17 km/h
Running performance: 6:32 min/km

Rank in course/Total: 119 (of 163)

Rank in course/Women: 28 (of 43)

Best time in course: 1:03:34

Rank in category: 3(of 4)

Best time in the category: 1:03:34

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|--------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Kontrolle 31 | 5.80 | 39:59 | 6:53 | 3 | 12:50 | 31 | 12:50 | 5.80 | 39:59 | 6:53 | 3 | 12:50 | 31 | 12:50 |
| Finish | 8.20 | 51:37 | 6:17 | 3 | 15:12 | 27 | 15:12 | 14.00 | 1:31:36 | 6:32 | 3 | 28:02 | 28 | 28:02 |