



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Nadine Kallenberg

Club: Stiftung Wadentest
Number: 49

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W45 (45-49)

Total time: 1:30:00

Speed: 9.33 km/h
Running performance: 6:25 min/km

Rank in course/Total: 116 (of 163)

Rank in course/Women: 26 (of 43)

Best time in course: 1:03:34

Rank in category: 5 (of 6)

Best time in the category: 1:10:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle 31	5.80	38:58	6:43	5	9:10	27	11:49	5.80	38:58	6:43	5	9:10	27	11:49
Finish	8.20	51:02	6:13	5	9:57	26	14:37	14.00	1:30:00	6:25	5	19:07	26	26:26