



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Heike Kellner

Club: Mühlhäuser Röblinglauf e.V.
Number: 173

Course: 14.00 km
Hauptlauf

Category:
Seniorinnen W50 (50-54)

Total time: 1:11:13

Speed: 11.79 km/h
Running performance: 5:05 min/km

Rank in course/Total: 34 (of 163)

Rank in course/Women: 4 (of 43)

Best time in course: 1:03:34

Rank in category: 1(of 5)

Best time in the category: 1:11:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle 31	5.80	30:15	5:12	1	-	5	3:06	5.80	30:15	5:12	1	-	5	3:06
Finish	8.20	40:58	4:59	1	-	3	4:33	14.00	1:11:13	5:05	1	-	4	7:39