



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Fritzlar Heike

Total time: 1:51:04

Club: Mühlhäuser Röblinglauf e.V. - Laufmausquartier
Number: 42

Speed: 7.56 km/h

Running performance: 7:55 min/km

Course: 14.00 km

Rank in course/Total: 156 (of 163)

Hauptlauf

Rank in course/Women: 40 (of 43)

Best time in course: 1:03:34

Category:

Rank in category: 5(of 7)

Seniorinnen W55 (55-59)

Best time in the category: 1:14:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle 31	5.80	46:27	8:00	5	14:21	39	19:18	5.80	46:27	8:00	5	14:21	39	19:18
Finish	8.20	1:04:37	7:52	6	22:12	41	28:12	14.00	1:51:04	7:55	5	36:33	40	47:30