



20. Kirschlauf  
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

**Adrian Panse**

Club: USV Erfurt  
Number: 3

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34)

Total time: 51:42

Speed: 16.25 km/h  
Running performance: 3:41 min/km

Rank in course/Total: 2 (of 163)

Rank in course/Men: 2 (of 120)

Best time in course: 50:40

Rank in category: 1(of 10)

Best time in the category: 51:42

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle 31	5.80	21:58	3:47	1	-	2	0:06	5.80	21:58	3:47	1	-	2	0:06
Finish	8.20	29:44	3:37	1	-	2	0:56	14.00	51:42	3:41	1	-	2	1:02