



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Sören Föt

Number: 26

Course: 14.00 km
Hauptlauf

Category:
Senioren M30 (30-34)

Total time: 1:02:12

Speed: 13.50 km/h
Running performance: 4:26 min/km

Rank in course/Total: 6 (of 163)

Rank in course/Men: 6 (of 120)

Best time in course: 50:40

Rank in category: 2(of 10)

Best time in the category: 51:42

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle 31	5.80	26:29	4:33	2	4:31	6	4:37	5.80	26:29	4:33	2	4:31	6	4:37
Finish	8.20	35:43	4:21	2	5:59	7	6:55	14.00	1:02:12	4:26	2	10:30	6	11:32