



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Sebastian Reiß

Number: 86

Course: 14.00 km
Hauptlauf

Category:
Senioren M30 (30-34)

Total time: 1:07:43

Speed: 12.40 km/h
Running performance: 4:50 min/km

Rank in course/Total: 22 (of 163)

Rank in course/Men: 20 (of 120)

Best time in course: 50:40

Rank in category: 3(of 10)

Best time in the category: 51:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	29:31	5:05	5	7:33	24	7:39	5.80	29:31	5:05	5	7:33	24	7:39
Finish	8.20	38:12	4:39	5	8:28	20	9:24	14.00	1:07:43	4:50	3	16:01	20	17:03