



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Tom Heyer-Eichentopf

Number: 44

Course: 14.00 km
Hauptlauf

Category:
Senioren M30 (30-34)

Total time: 1:08:27

Speed: 12.27 km/h
Running performance: 4:53 min/km

Rank in course/Total: 26 (of 163)

Rank in course/Men: 24 (of 120)

Best time in course: 50:40

Rank in category: 6(of 10)

Best time in the category: 51:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	29:13	5:02	4	7:15	21	7:21	5.80	29:13	5:02	4	7:15	21	7:21
Finish	8.20	39:14	4:47	6	9:30	23	10:26	14.00	1:08:27	4:53	6	16:45	24	17:47