



20. Kirschlauf  
Kleinfahner/Thür. / 12.06.2022

## Detailed evaluation

Tom Heyer-Eichentopf

Number: 44

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34)

Total time: 1:08:27

Speed: 12.27 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 26 (of 163)

Rank in course/Men: 24 (of 120)

Best time in course: 50:40

Rank in category: 6(of 10)

Best time in the category: 51:42

### Intermediate times

### Stage score

### Total ranking

| Control      | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|--------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|              |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Kontrolle 31 | 5.80        | 29:13         | 5:02            | 4           | 7:15           | 21          | 7:21          | 5.80          | 29:13         | 5:02            | 4           | 7:15           | 21         | 7:21          |
| Finish       | 8.20        | 39:14         | 4:47            | 6           | 9:30           | 23          | 10:26         | 14.00         | 1:08:27       | 4:53            | 6           | 16:45          | 24         | 17:47         |