



20. Kirschlauf  
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Christian Thomas

Club: LAV Saale-Rennsteig  
Number: 137

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34)

Total time: 1:27:20

Speed: 9.62 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 106 (of 163)

Rank in course/Men: 81 (of 120)

Best time in course: 50:40

Rank in category: 10(of 10)

Best time in the category: 51:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	33:57	5:51	10	11:59	63	12:05	5.80	33:57	5:51	10	11:59	63	12:05
Finish	8.20	53:23	6:30	10	23:39	91	24:35	14.00	1:27:20	6:14	10	35:38	81	36:40