



20. Kirschlauf
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

Alexander Kerst

Club: WalschbergRunners
Number: 51

Course: 14.00 km
Hauptlauf

Category:
Senioren M35 (35-39)

Total time: 1:05:55

Speed: 12.74 km/h
Running performance: 4:42 min/km

Rank in course/Total: 16 (of 163)

Rank in course/Men: 15 (of 120)

Best time in course: 50:40

Rank in category: 7(of 17)

Best time in the category: 50:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle 31	5.80	28:20	4:53	8	6:28	16	6:28	5.80	28:20	4:53	8	6:28	16	6:28
Finish	8.20	37:35	4:35	6	8:47	14	8:47	14.00	1:05:55	4:42	7	15:15	15	15:15