



20. Kirschlauf  
Kleinfahner/Thür. / 12.06.2022

Detailed evaluation

René Große

Club: Rennsteiglaufverein/LG Süd  
Number: 37

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44)

Total time: 57:28  
Speed: 14.62 km/h  
Running performance: 4:06 min/km  
Rank in course/Total: 4 (of 163)  
Rank in course/Men: 4 (of 120)  
Best time in course: 50:40  
Rank in category: 1(of 13)  
Best time in the category: 57:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle 31	5.80	24:08	4:09	1	-	4	2:16	5.80	24:08	4:09	1	-	4	2:16
Finish	8.20	33:20	4:03	1	-	4	4:32	14.00	57:28	4:06	1	-	4	6:48