



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

David Lang

Total time: 1:05:03

Number: 296

Course: 25.50 km

Rank in course/Total: 6 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 6 (of 210)

Best time in course: 59:54

Category:

Rank in category: 1(of 12)

männliche AK 1 (TM 20)

Best time in the category: 1:05:03

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	8:34	17:07	1	-	7	0:46	0.50	8:34	17:07	1	-	211	0:46
Wechsel S -> R	-	1:43	-	2	0:14	8	0:22	0.50	10:17	20:33	13	0:09	211	0:30
Schwimmen Total	0.50	10:17	20:33	13	0:09	211	0:30	0.50	10:17	20:33	13	0:09	211	0:30
Rad netto	20.00	32:46	1:38	1	-	10	8:33	20.50	43:03	2:05	1	-	211	1:54
Wechsel R -> L	-	0:46	-	4	0:09	27	0:20	20.50	43:49	2:08	1	-	211	1:54
Rad Total	20.00	33:32	1:40	1	-	10	7:55	20.50	43:49	2:08	1	-	211	1:54
Lauf Ziel	5.00	21:14	4:14	4	1:44	30	3:15	25.50	1:05:03	2:33	1	-	6	5:09