



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Markus Goldhorn

Total time: 1:19:58

Number: 277

Course: 25.50 km

Rank in course/Total: 133 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 117 (of 210)

Best time in course: 59:54

Category:

Rank in category: 18(of 29)

Senioren 2 (TM 45)

Best time in the category: 1:02:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:21	18:41	5	0:26	27	1:33	0.50	9:21	18:41	30	0:26	211	1:33
Wechsel S -> R	-	4:01	-	25	2:40	182	2:40	0.50	13:22	26:44	30	2:52	211	3:35
Schwimmen Total	0.50	13:22	26:44	30	2:52	211	3:35	0.50	13:22	26:44	30	2:52	211	3:35
Rad netto	20.00	38:46	1:56	19	8:28	123	14:33	20.50	52:08	2:32	30	10:50	211	10:59
Wechsel R -> L	-	0:48	-	5	0:11	36	0:22	20.50	52:56	2:34	30	10:49	211	11:01
Rad Total	20.00	39:34	1:58	17	8:18	109	13:57	20.50	52:56	2:34	30	10:49	211	11:01
Lauf Ziel	5.00	27:02	5:24	20	6:43	140	9:03	25.50	1:19:58	3:08	18	17:32	117	20:04