



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Gerd Nepputh

Club: Team Body Attack

Number: 113

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

Senioren 3 (TM 50)

Total time: 1:10:29

Rank in course/Total: 35 (of 279)

Rank in course/Men: 34 (of 210)

Best time in course: 59:54

Rank in category: 6(of 28)

Best time in the category: 1:03:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:49	21:37	8	2:16	81	3:01	0.50	10:49	21:37	29	2:16	211	3:01
Wechsel S -> R	-	1:50	-	1	-	13	0:29	0.50	12:39	25:18	29	1:42	211	2:52
Schwimmen Total	0.50	12:39	25:18	29	1:42	211	2:52	0.50	12:39	25:18	29	1:42	211	2:52
Rad netto	20.00	33:50	1:41	3	2:56	21	9:37	20.50	46:29	2:16	29	4:38	29	5:20
Wechsel R -> L	-	0:55	-	8	0:23	60	0:29	20.50	47:24	2:18	29	4:22	27	5:29
Rad Total	20.00	34:45	1:44	3	2:40	21	9:08	20.50	47:24	2:18	29	4:22	27	5:29
Lauf Ziel	5.00	23:05	4:36	9	3:21	61	5:06	25.50	1:10:29	2:45	6	6:40	34	10:35