



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Stefan König

Total time: 1:19:19

Club: LT Rheinhessen-Pfalz

Number: 325

Course: 25.50 km

Rank in course/Total: 124 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 109 (of 210)

Best time in course: 59:54

Category:

Rank in category: 14(of 28)

Senioren 3 (TM 50)

Best time in the category: 1:03:49

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Schwimmen nett	0.50	15:29	30:57	27	6:56	201	7:41	0.50	15:29	30:57	29	6:56	211	7:41
Wechsel S -> R	-	3:48	-	23	1:58	172	2:27	0.50	19:17	38:34	29	8:20	211	9:30
Schwimmen Total	0.50	19:17	38:34	29	8:20	211	9:30	0.50	19:17	38:34	29	8:20	211	9:30
Rad netto	20.00	37:49	1:53	16	6:55	101	13:36	20.50	57:06	2:47	29	15:15	211	15:57
Wechsel R -> L	-	1:35	-	25	1:03	180	1:09	20.50	58:41	2:51	29	15:39	211	16:46
Rad Total	20.00	39:24	1:58	16	7:19	105	13:47	20.50	58:41	2:51	29	15:39	211	16:46
Lauf Ziel	5.00	20:38	4:07	4	0:54	19	2:39	25.50	1:19:19	3:06	14	15:30	109	19:25