



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Daniel Löffelholz

Total time: 1:08:01

Number: 144

Course: 25.50 km

Rank in course/Total: 20 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 19 (of 210)

Best time in course: 59:54

Category:

Rank in category: 2(of 17)

männliche AK 2 (TM 25)

Best time in the category: 1:05:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:25	18:49	2	1:08	29	1:37	0.50	9:25	18:49	18	1:08	211	1:37
Wechsel S -> R	-	1:53	-	2	0:23	15	0:32	0.50	11:18	22:36	18	1:31	211	1:31
Schwimmen Total	0.50	11:18	22:36	18	1:31	211	1:31	0.50	11:18	22:36	18	1:31	211	1:31
Rad netto	20.00	35:59	1:47	3	4:01	64	11:46	20.50	47:17	2:18	18	2:25	36	6:08
Wechsel R -> L	-	0:31	-	1	-	4	0:05	20.50	47:48	2:19	18	2:16	30	5:53
Rad Total	20.00	36:30	1:49	3	3:26	52	10:53	20.50	47:48	2:19	18	2:16	30	5:53
Lauf Ziel	5.00	20:13	4:02	2	0:28	14	2:14	25.50	1:08:01	2:40	2	2:44	19	8:07