



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Martin Tullo

Total time: 1:24:38

Club: Stickcity-Runners

Number: 237

Course: 25.50 km

Rank in course/Total: 182 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 150 (of 210)

Best time in course: 59:54

Category:

Rank in category: 23(of 28)

Senioren 3 (TM 50)

Best time in the category: 1:03:49

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	12:52	25:44	21	4:19	159	5:04	0.50	12:52	25:44	29	4:19	211	5:04
Wechsel S -> R	-	2:48	-	15	0:58	103	1:27	0.50	15:40	31:19	29	4:43	141	5:53
Schwimmen Total	0.50	15:40	31:19	29	4:43	141	5:53	0.50	15:40	31:19	29	4:43	141	5:53
Rad netto	20.00	41:41	2:05	25	10:47	178	17:28	20.50	57:21	2:47	29	15:30	211	16:12
Wechsel R -> L	-	0:36	-	2	0:04	7	0:10	20.50	57:57	2:49	29	14:55	211	16:02
Rad Total	20.00	42:17	2:06	24	10:12	168	16:40	20.50	57:57	2:49	29	14:55	211	16:02
Lauf Ziel	5.00	26:41	5:20	19	6:57	136	8:42	25.50	1:24:38	3:19	23	20:49	150	24:44